

Keswick AC Championship Results to 4th December 2022

Men's Fell

Name	Cat'y	Blake Fell	Buttermere Sailbeck	Lower Borrowdale Skyline (also English Champs)	Old Crown Round (also English Champs)	Barrow/Stile End Fell Race	Lake District Mountain Trial	Buttermere Shepherds Meet	Races Run	Best 4 From 7
		Short	Medium	Medium	Long	Keswick Show	Short, Solo or Pairs	Short		
		22-Jan	07-May	21-May	23-Jul	29-Aug	11-Sep	23-Oct		
Harry BOLTON	M23	99		96	97				3	292
Tobias BARTHELMES	M23					91			1	91
Matthew ATKINSON	SEN	100	100	92		99	100		5	398
Steve HALSALL	SEN		97	92	93	100			4	383
Hamish MURRAY	SEN	87		87		94			3	267
Jacob TONKIN	SEN	86				86		83	3	255
Brennan TOWNSHEND	SEN			100	100				2	200
Mark LAMB	SEN	100		94					2	194
John BATTRICK	SEN	100			89				2	189
Sam Stead	SEN			92	90				2	181
James RAFFERTY	SEN				61			78	2	139
Steve HEBBLETHWAITE	SEN							100	1	100
Dan MILLS	SEN	95							1	95
Calum KITCHING	SEN	88							1	88
Jordan PALMER	SEN	76							1	76
Darryl SAUNDERS	SEN					69			1	69
Rob BROWN	M40	90	87	85				86	4	349
Scott WHITE	M40	68	68						2	135
Phil WINSKILL	M40					89			1	89
Simon DARMODY	M40					86			1	86
Craig MARSH	M40	86							1	86
Adam MARKOWICZ	M40					80			1	80
Ross BUTLER	M40	79							1	79
Graeme SIBSON	M40	79							1	79
Mingma TSHERING SHERPA	M40				78				1	78
Ivan HOLROYD	M40	77							1	77
Simon THOMPSON	M40					76			1	76
Tom SUTTON	M40					74			1	74
James MORRIS	M40					54			1	54
Dave PROSSER	M50		80	76	72	85		76	5	318
Jim HAWORTH	M50	76			69	80		75	4	300
Jeff HENDERSON	M50		70		64	75			3	209
David CROUT	M50	74	66	68					3	208
Guy ILLINGWORTH	M50		77			81		71	3	229
Mark FLEMING	M50		67			72			2	139
Craig SMITH	M50			74					1	74
Lawrence BASHAM	M50				70				1	70
Steve ANGUS	M50			69					1	69
Glyn BLAKEY	M50	64							1	64
Colin VALENTINE	M60						100	63	2	163
Michael MALLEN	M60		67	69					2	136
Ketih LOAN	M60		69	65					2	134
Paul MORRIS	M60					66			1	66

Women's Fell

Name	Cat'y	Blake Fell	Buttermere Sailbeck	Lower Borrowdale Skyline (also English Champs)	Old Crown Round (also English Champs)	Barrow/Stile End Fell Race	Lake District Mountain Trial	Buttermere Shepherds Meet	Races Run	Best 4 From 7
		Short	Medium	Medium	Long	Keswick Show	Short, Solo or Pairs	Short		
		22-Jan	07-May	21-May	23-Jul	29-Aug	11-Sep	23-Oct		
Shirley MURRAY	SEN	91	100	85	83	100			5	377
Holly WOOTEN	SEN	100	100						2	200
Nicola JACKSON	SEN			100	100				2	200
Jenn BELL	SEN	89				94			2	184
Zoe HEBBLETHWAITE	SEN		87					100	2	187
Jodie GRAY	SEN		99	81					2	180
Bethan NAYLOR	SEN	69					95		2	164
Stephanie ERVINE	SEN					91			1	91
Catherine SPURDEN	SEN				83				1	83
Lorela MOVILEANU	SEN	80							1	80
Vicky WARE	SEN	80							1	80
Kat TOWNSHEND	SEN			71					1	71
Rachel KNIGHT	SEN	62							1	62
Lynne HUME	L40	79	80	67	67	80	95		6	334
Cat EVANS	L40						100		1	100
Joanna BUTLER	L40						100		1	100
Trudy BEETHAM	L40					88			1	88
Kate APPS	L40	81							1	81
Debbie CHARLTON	L40	75							1	75
Gillian ATKINSON	L50	83	80			79		92	4	334
Louise BROWN	L50	76	66	60					3	203
Hazel DAVIES	L50		82						1	82
Kerry CORNFORTH	L50	80							1	80
Nicky BUTLER	L50	71							1	71
Nicky BUTLER	L60		72	62		71		84	4	289
Lyn THOMPSON	L60	80							1	80
Lesley MALARKEY	L70	66	69			68	98		4	301

Men's Road

Posn	Name	Cat'y	Morecombe Running Festival	Carlisle Half Marathon	Solway Coast Marathon	The Castle 5k Series	Keswick Park Run	Brampton to Carlisle	Ulverston Xmas Pudding	Races Run	Best 4 From 7
			10K	13.1M	26.2M	5K	5K	10M	10K		
			30-Jan	13-Mar	22-May	13-Jul	24-Sep	20-Nov	04-Dec		
	Jacob TONKIN	SEN					99		100	2	199
	Sam STEAD	SEN					94			1	94
	Graeme SIBSON	M40		100			98			2	198
	Carl BELL	M40					100			1	100
	Simon THOMPSON	M40			100					1	100
	Graham AIREY	M40				100				1	100
	Phil WINSKILL	M40					100			1	100
	Anthony CAPE	M40		82						1	82
	Mike BEECHEY	M50	100	85		78	78			4	341
	Graeme SIBSON	M50						100		1	100
	Stve ANGUS	M50						95		1	95
	Mike JAMES	M50				91				1	91
	Ivan HOLROYD	M50					82			1	82
	Adrian HOLME	M50					72			1	72
	Jim DOWNIE	M70					74			1	74

Women's Road

Name	Cat'y	Morecombe Running Festival	Carlisle Half Marathon	Solway Coast Marathon	The Castle 5k Series	Keswick Park Run	Brampton to Carlisle	Ulverston Xmas Pudding	Races Run	Best 4 From 7
		10K	13.1M	26.2M	5K	5K	10M	10K		
		30-Jan	13-Mar	22-May	13-Jul	24-Sep	20-Nov	04-Dec		
Erin BARRY	LJUN					93			1	93
Claire WARNER	SEN		86	100		72			3	258
Michelle HARRISON	SEN		100				100		2	200
Catherine SPURDEN	SEN					100			1	100
Jenn BELL	SEN					93			1	93
Joanne RUMNEY	SEN	90							1	90
Rachael KNIGHT	SEN					69			1	69
Lindsay WALKER	L40	100	90		90	85	88	95	6	375
Leeann BARBER	L40		92		95		92	96	4	375
Joanna ROLLS	L40	91				79	85	90	4	345
Debbie CHARLTON	L40	92				79			2	171
Celia DRING	L40						88		1	88
Rachel Mellor	L40							88	1	88
Linda JUBB	L50	87	82			78	81		4	328
Hazel DAVIES	L50				100		98	100	3	298
Ella SCOTT	L50					69			1	69
Louise BROWN	L50					60			1	60
Kathleen PROCTOR	L60	89	81			76	79	84	5	333
Nicky BUTLER	L60				81	78			2	159

Men's Trail

Name	Class	Whinlatter Park Run	Hawkeshead	Grasmere Gallop	Montane Trail Ullswater Way	Not Round Latrigg	Whinlatter (KAC only)	Buttermere Trail Race (KAC only)	Races Run	Best 4 From 7
		5K	10K	17K	10M	8.8K	10K	20K		
		19-Mar	09-Apr	28-May	04-Jun	17-Aug	18-Sep	09-Oct		
Craig SCOTT	SEN	100							1	100
Michael MICHAEL	SEN					100			1	100
Boris PSODOROV	SEN					75			1	75
Jacob TOMKIN	SEN					75			1	75
John BATTRICK	SEN					63			1	63
Ross BUTLER	M40	98		100		91	91		4	380
Phil WINSKILL	M40					97	100		2	197
Carl BELL	M40						100		1	100
Adam MARCINOWICZ	M40					87			1	87
Steven JONES	M40					86			1	86
Craig MARSH	M40					75			1	75
Daniel STEELS	M40					72			1	72
Richard ROBINSON	M40					72			1	72
James MORRIS	M40					66			1	66
Ivan HOLROYD	M50	89	100						2	189
Graeme SIBSON	M50					93	99		2	192
Jim HAWORTH	M50	97							1	97
John BOYLE	M50					93			1	93
David CROUT	M50	90							1	90
Mike JAMES	M50					88			1	88
Glyn BLAKEY	M50	85							1	85
Michael MALLEN	M60	85							1	85
Paul MORRIS	M60					78			1	78
Stuart BACKHOUSE	M60					72			1	72
John CAIN	M60						69		1	69
Jeremy DYER	M60	61							1	61
Jim DOWNIE	M70	78					75		2	153
Dave SPEDDING	M70						69		1	69

Women's Trail

Name	Class	Whinlatter Park Run	Hawkeshead	Grasmere Gallop	Montane Trail Ullswater Way	Not Round Latrigg	Whinlatter (KAC only)	Buttermere Trail Race (KAC only)	Races Run	Best 4 From 7
		5K	10K	17K	10M	8.8K	10K	20K		
		19-Mar	09-Apr	28-May	04-Jun	17-Aug	18-Sep	23-Oct		
Holly WOOTTEN	SEN	100	100						2	200
Bethan NAYLOR	SEN	77		85	87				3	248
Lorela MOVILEANU	SEN	81	74						2	155
Rachael May KNIGHT	SEN					68		63	2	131
Phillipa HAWORTH	SEN					82			1	82
Emily BATTRICK	SEN					77			1	77
Phillipa HAWORTH	SEN		67						1	67
Melissa COLEMAN	SEN							65	1	65
Leeann BARBER	L40	81		89		86	85		4	341
Debbie CHARLTON	L40	81		79	88	86			4	334
Jo ROLLS	L40	76	72	86		88	84	69	6	334
Lindsay WALKER	L40	81	73	79	85		79	69	6	324
Lotty BRADFORD	L40	69				76	78		3	223
Trudy BEETHAM	L40					98			1	98
Nicky STEELS	L40					76			1	76
Debs WHITE	L40	75							1	75
Hazel DAVIES	L50		84	100	100	100	100	100	6	400
Gillian ATKINSON	L50	85	77			89	93		4	344
Sam AYRES	L50						98	100	2	198
Suzanne SPEDDING	L50					81	81		2	162
Kerry CORNFORTH	L50	82						69	2	151
Kirsty BARKER	L50					79		65	2	144
Louise BROWN	L50	81							1	81
Suzanne GILMORE	L50					77			1	77
Kirsty BARKER	L50		67						1	67
Nicky BUTLER	L60			79	85	81	79		4	324
Kathleen PROCTOR	L60	69	63	73			77	63	5	282