

2019 ANNUAL AWARDS

FELL - MEN

CHAMPION - CARL BELL

V40 - JIM HAWORTH

V50 - DAVE BIRCH

V60 - MIKE MALLEN

LADIES

CHAMPION - JENN BELL

LV40 - DEBBIE CHARLTON

LV50 - NICKY BUTLER

LV60 - LYN THOMPSON

ROAD - MEN

CHAMPION - SAM STEAD

V40 - STEVE ANGUS

V50 - PAUL FULLWOOD

V60 - MIKE MALLEN

LADIES

CHAMPION - RACHEL MELLOR

LV40 - TRUDY BEETHAM

LV50 - NICKY BUTLER

LV60 - KIM CLARK

BOB ENGLISH TROPHY - LONG DISTANCE ACHIEVEMENT

CHARLIE BRADSHAW

RICHARD SHELTON TROPHIES - 1ST KESWICK AC RUNNERS AT BORROWDALE

MEN - BRENNAN TOWNSHEND

LADIES - LUCY BURNETT

DAVID ELLISON TROPHY - MOST IMPROVED RUNNER

HARRY BOLTON