

People's Choice Award 2019

Most dedicated marshals: Clive and Sue Beauvais

The bravest runner: Claire Warner for undertaking a chilling mountain rescue and completing the wainwrights challenge afterwards

Gutsiest performance of the year: Hannah Horsburgh for being within seconds of Vic Wilkinson's record at Grasmere Guides race

Best outfit: Sam Stead as Freddie Mercury for Barrow's Downhill's Bonanza

Fastest elf: Cat Evans at Langdale Christmas pudding 10k

Biggest loser: Brennan Townsend for getting lost at Ennerdale Horseshoe and having to run all the way back from Wasdale via the road

Best downhill performance: Catherine Spurden at Sale Fell

Gurn of the year: Mark Lamb for every sprint finish he does

The spirit of running: Kathleen Procter for all the miles she's racked up and all the events 'not races' she's entered with enthusiasm

Biggest record breaker: Lesley Malarkey for all her V70 records

Biggest achievement in the face of adversity: Julie Carter's 55 @ 55

International performance of the year: Jacob Adkin (European Mountain Running Champion)

Best man and beast relationship: Jacob Tonkin and George

Glory leg of the year: Ross Butler at Lee Mill relays

Most PB's: Lynne Hume

Best timekeeper of all time with the biggest heart: Steve Harwood

Best comedy moment: Ladies road relay team trying to pack the tent away at the end