

Men's Road 20

Posn	Name	Class	Netherha ll 10M 24 Feb	Lowca 10K 7 May	Carlisle Tri 10K 5 June	Maryport Prom 5K 26 June	Stoneybe ck 10K 29 Sep	Brampto n to Carlisle 10M 17 Nov	Langdale Xmas Pudding 10K 7 Dec	Races Run	Best 4 From 7
1	Sam Stead	M	100	99	100	100	100	100		6	400
2	Steve Angus	M40	91	89				84	97	4	361
3	Paul Fullwood	M50	84				81	74	88	4	327
4	Mike Mallen	M60		81	80	82		77		4	320
5	Chris Clark	M60	62	63	63	63			64	5	253
6	Russell Maddams	M40	100	98						2	198
6	Calum Tinnion	M		100				98		2	198
8	Graham Airey	M40	92					89		2	181
9	Steve Jones	M40	83	85						2	168
10	Ivan Holroyd	M40		68		87				2	155
11	Dan Lewis	M40					74		73	2	147
12	Jim Downie	M60		71	71					2	142
13	Paul Titley	M60				67			68	2	135
14	Patrick Gilchrist	M60	66	67						2	133
15	Craig Marsh	M							100	1	100
16	Tom Day	M	96							1	96
17	Angus Wightman	M40				92				1	92
17	Daniel Mills	M						92		1	92
19	Eddie Fletcher	M						90		1	90
20	Gregory Penn	M50					88			1	88
21	Will Ponsonby	M50			72					1	72
22	Dave Kearns	M40	60							1	60

Women's Road 2019

Posn	Name	Class	Netherhall 10M 24 Feb	Lowca 10K 7 May	Carlisle Tri 10K 5 June	Maryport Prom 5K 26 June	Stoneybeck 10K 29 Sep	Brampton to Carlisle 10M 17 Nov	Langdale Xmas Pudding 10K 7 Dec	Races Run	Best 4 From 7
1	Rachel Mellor	F40	100		100	93		100	91	5	393
2	Trudy Beetham	F40				94	100	98	92	4	384
3	Lindsay Walker	F	90				100	99	92	4	381
4	Lynne Hume	F40		100	93	90	93	94	91	6	380
5	Debbie Charlton	F40		99	91	90	91	92	86	6	373
6	Claire Warner	F	85	96	94	87		90		5	367
7	Nicky Butler	F50		93	85	82	85	86	77	6	349
8	Jane Elliott	F50		93	86	82		82		4	343
9	Kim Clark	F60	82	91	84	80			77	5	337
10	Emily Christmas	F	86		93	90				3	269
11	Marie Nunes	F		80		78	74			3	232
12	Anne Downie	F50		92	86					2	178
12	Lorela Movileanu	F		94		84				2	178
14	Jannet Ricketts	FV40			79				67	2	146
15	Erin Stone	FJun				100				1	100
15	Cat Evans	F							100	1	100
17	Emily Wightman	FJun				95				1	95
18	Nicola Black	F40	92							1	92
19	Lyn Thompson	F60				89				1	89
19	Anja Coulthard	F40						89		1	89
21	Ella Scott	F50	86							1	86
22	Kathleen Proctor	F60							82	1	82

Men's Fell											
Posn	Name	Class	Loopy Latrigg 2 March	Loughrigg 10 April	Fairfield Horsesho e 18 May	Great Lakes Run 15 June	Lowther Fell Race 11 Aug	Grisedal e Horsesho e 7 Sep	Sale Fell 23 Nov	Races Run	Best 4 From 7
1	Carl Bell	M	100		100	100	100	98		5	400
2	Rob Brown	M		91	94		95		100	4	380
3	Simon Netherway	M	89	86			88		92	4	355
4	Dave Birch	M50			88	82		85	98	4	353
5	Jim Haworth	M40	84	82	85	79	85	78	92	7	346
6	Steve Angus	M50		83		72	84	76		4	315
7	Mark Webster	M50	77	76	77			71	84	5	314
8	Craig Smith	M50	76	75	78	73		75		5	304
8	Mike Mallen	M60	74	74	73	66			83	5	304
10	Steve Jones	M40	79	75	76	72				4	302
11	Andrew Slattery	M50	77	76		72		69		4	294
11	Mark Lamb	M	99			96		99		3	294
13	Steve Hebblethwaite	M	93			87		100		3	280
14	John Battrick	M				76	97	91		3	264
15	Dave Prosser	M50	80		81	67				3	228
16	Brennan Townshend	M				98		100		2	198
17	Tom Day	M	92		89					2	181
17	Harry Bolton	MU23		90				91		2	181
19	Simon Veitch	M50	64		61			53		3	178
20	Sam Stead	M				86		90		2	176
21	Tobias Barthelmes	MU23		87				85		2	172
22	Steve Halsall	M				82		89		2	171
23	Craig Marsh	M	82	84						2	166
24	Jamie Lawler	M40			79			78		2	157
25	Ivan Holroyd	M40		79				68		2	147
26	Paul Fullwood	M50	77					63		2	140

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Women's Fell 2

Posn	Name	Class	Loopy Latrigg 2 March	Loughrigg 10 April	Fairfield Horsesho e 18 May	Great Lakes Run 15 June	Lowther Fell Race 11 Aug	Grisedal e Horsesho e 7 Sep	Sale Fell 23 Nov	Races Run	Best 4 From 7
1	Jenn Bell	F			100	100	100	100	100	5	400
2	Catherine Spurdon	F	98	100			98		100	4	396
3	Zoe Webber	F	86		99	90		93		4	368
4	Rachel Findlay-Robinson	F	79		93	85		84	85	5	347
5	Lyn Thompson	F60	81	82			85		82	4	330
6	Debbie Charlton	F40	75	78	85		78	72	79	6	320
7	Lesley Malarkey	F60		72	84	80		73	70	5	309
8	Nicky Butler	F50	72	73	79			69	73	5	297
9	Kate Apps	F40	85			97		86		3	268
10	Lucy Burnett	F40	80			97				2	177
11	Louise Brown	F50		81					80	2	161
12	Lynne Hume	F40	75	77						2	152
13	Lorela Movileanu	F	70	73						2	143
14	Kim Clark	F60		70					68	2	138
15	Hannah Horsburgh	F	100							1	100
16	Tamsin Moran	F						87		1	87
17	Annabel Holmes	F40		80						1	80
18	Helen Winskill	F40	76							1	76
19	Bethan Naylor	F		75						1	75
20	Jane Elliot	F50		74						1	74
21	Kerry Cornforth	F40						71		1	71
21	Claire Warner	F		71						1	71
23	Jannet Ricketts	F40	66							1	66

