

Pos	Name	Category	Club	Time
1	MADDAMS, Russell	Senior Men	Keswick AC	00:34:03
2	BIRKINSHAW, Steve	Male 40-49	Borrowdale F.R.	00:34:53
3	SCHOFIELD, Andrew	Male 40-49	Borrowdale F.R.	00:35:19
4	KNOWLES, Chris	Male 40-49	Cumberland F.R.	00:35:32
5	SARGENT, David	Male 40-49	Eden Runners	00:36:46
6	MADDAMS, Pippa	Senior Women	Keswick AC	00:36:55
7	STONES, Robin	Senior Men	Unattached	00:37:19
8	EMMET, Anthony	Senior Men	Helm Hill Runners	00:37:24
9	HUNTER, Simon	Male 40-49	Cumberland F.R.	00:37:33
10	WINN, Jackie	Male 50-59	Ellenborough RC	00:38:00
11	SUFF, Max	Male 40-49	Hereford Couriers	00:38:01
12	BENNETT, Steve	Male 40-49	Eden Runners	00:38:04
13	STAFFORD, Paul	Senior Men	Unattached	00:38:33
14	SCAMMELL, Chris	Male 40-49	Unattached	00:38:50
15	SMITH, Craig	Male 40-49	Keswick AC	00:38:55
16	RAY, Nick	Senior Men	Ellenborough RC	00:38:59
17	WYNNE, Rob	Male 40-49	Keswick AC	00:39:19
18	CRACKER, Phill	Senior Men	Ambleside A.C.	00:39:19
19	HILL, Keith	Male 40-49	Keswick AC	00:39:42
20	WARE, Sam	Senior Men	Eden Runners	00:39:55
21	ASHWORTH, James	Senior Men	Unattached	00:40:03
22	MCKENDREY, Paul	Male 40-49	Cumberland F.R.	00:40:20
23	WALKER, John	Male 40-49	Cumberland F.R.	00:40:27
24	SLUCE, Martin	Male 40-49	Keswick AC	00:41:10
25	HODGSON, Barry	Male 50-59	Ellenborough RC	00:41:40
26	MERRITT, Quentin	Male 40-49	Keswick AC	00:42:09
27	ELSENDER, Neil	Male 40-49	Keswick AC	00:42:14
28	STEELS, Robin	407	Senior Men	00:42:18
29	PARKE, Karen	Female 40-49	Unattached	00:42:30
30	HARLING, Chris	Senior Men	Unattached	00:42:42
31	GOLDSACK, Graeme	Male 40-49	Ellenborough RC	00:43:27
32	JONES, Nick	408	Senior Men	00:43:29
33	HOBSON, David	Senior Men	Unattached	00:43:34
34	BURTON, David	Male 50-59	Stroud & District AC	00:43:46
35	RODGER, Andy	Male 40-49	Derwent AC	00:43:48
36	SIDAWAY, Neil	Male 40-49	Cumberland F.R.	00:44:02
37	DOWNIE, Jim	Male 60-69	Keswick AC	00:44:06
38	BAILEY, Peter	Male 50-59	Unattached	00:45:17
39	EDGINTON, Stuart	Senior Men	Unattached	00:45:24
40	CARTER, Robert	Senior Men	Keswick AC	00:45:41
41	SKIDMORE, Mark	Senior Men	Unattached	00:45:49

42	LITT, Michael	Male 60-69	Cumberland F.R.	00:46:00
43	DAVIDSON, Geoff	Male 60-69	Unattached	00:46:05
44	STEPHENSON, Les	Male 60-69	Kendal AC	00:46:14
45	GROVE, Jo	Male 40-49	Cumberland F.R.	00:46:19
46	CHESHIRE, Paul	Male 40-49	Unattached	00:46:26
47	HADWIN, Gary	Male 40-49	Keswick AC	00:46:36
48	FREED, Calvin	Male 40-49	Unattached	00:47:00
49	VARLEY, John	Male 50-59	Fellandale	00:47:20
50	GILCHRIST, Patric	Male 60-69	Keswick AC	00:47:21
51	HORNE, Helen	Female 40-49	Keswick AC	00:47:29
52	GRAHAM, Mark	Male 50-59	Cumberland F.R.	00:47:35
53	EDGINTON, Deborah	Senior Women	Keswick AC	00:47:46
54	JEWELL, Tony	Male 50-59	Cumberland F.R.	00:48:14
55	STATHAM, Richard	Senior Men	Unattached	00:48:15
56	SHAW, John	Male 40-49	Keswick AC	00:48:53
57	CLARK, Kim	Female 50-59	Keswick AC	00:49:12
58	JAMES, Becky	Senior Women	Unattached	00:49:19
59	HENDERSON, Barrie	Senior Men	Wigton Road Runners	00:49:40
60	DIXON, Gary	Senior Men	Unattached	00:49:42
61	HAWLY, Philip	Male 50-59	Cumberland F.R.	00:50:37
62	WHITELAW, Alastair	Male 40-49	Calder Valley FR	00:50:37
63	THORNTON, Helen	Senior Women	Unattached	00:50:57
64	SHAW, Diane	Female 40-49	Keswick AC	00:50:58
65	KNOX, Chris	Male 50-59	Keswick AC	00:51:26
66	DOBSON, Paul	Male 40-49	Wigton Road Runners	00:51:50
67	STURGESS, Phil	Male 40-49	Keswick AC	00:51:50
68	LEES, Kirsty	Senior Women	Unattached	00:52:47
69	LEES, Dave	Male 50-59	Cumberland F.R.	00:52:47
70	DOUGLAS, Gill	Female 40-49	Eden Runners	00:53:16
71	PACK, Trevor	Male 40-49	Unattached	00:54:47
72	HAWLEY, Margaret	Female 50-59	Cumberland AC	00:55:00
73	MORGAN, David	Male 60-69	Cumberland F.R.	00:55:08
74	KENYON, Christine	Female 50-59	Fellandale	00:55:14
75	MOTTRAM, Jane	Female 50-59	Cumberland F.R.	00:55:34
76	PATTON, Dot	Female 50-59	Cumberland F.R.	00:56:24
77	PARKER, Darren	Male 40-49	Fell Runners Association	00:56:50
78	WATSON, Stephen	Male 60-69	Cumberland AC	00:57:08
79	BELL, Mike	Male 50-59	Unattached	00:57:12
80	BERRY, Liz	Senior Women	Unattached	00:59:34
81	HARRINGTON, Geoff	Male 60-69	Cumberland AC	01:06:30