

## KAC Uphill Championships to 21<sup>st</sup> September 2023

### Men's:

Name	Category	Chestnut Hill	Gale Road	Latrigg	Raven Crag	Catbells	Greystones	Castle Rock	Races Run	Best 4 from 7
		07-Mar	04-Apr	17-May	14-Jun	04-Jul	15-Aug	21-Sep		
Angus Beechey	M23			72					1	72
Harry Bolton	SEN	100	100	100		100			4	400
Sam Stead	SEN	97		98	100	91			4	386
Jacob Tonkin	SEN	87	76	81	96		98	99	6	380
James Rafferty	SEN	87	76	85	88		100		5	360
Mark Lamb	SEN		94	100					2	194
Rob Jones	SEN	64		63		58			3	185
Matthew Atkinson	SEN	74		93					2	167
Oli Beswick	SEN	88	76						2	164
Andrew Gibbs	SEN	74		63					2	137
Jacob Hiom	SEN							100	1	100
Tom Day	SEN	99							1	99
Jake Collier	SEN					93			1	93
Ben Barker	SEN			87					1	87
Jordan Palmer	SEN			81					1	81
Reece Kennedy	SEN		67						1	67
Ryan Harris	SEN					49			1	49
Simon Netherway	M40	97	83	88	98		75	94	6	377
Richard Robinson	M40	69		62	72	64	74		5	278
Jim Morris	M40	62	53	59			68		4	242
Phil Winskill	M40			82	92				2	174
Dava Waterhouse	M40	76		27				42	3	145
Rob Brown	M40	95							1	95
Adam Markinowicz	M40			77					1	77
Daniel Steels	M40			64					1	64
James Morris	M40							61	1	61
Guy Illingworth	M50	84	74	80	88	77	92	79	7	344
Carl Bradford	M50	85	61	73	84	75	85	86	7	340
Graeme Sibson	M50	85	74	81			82		4	322
Jim Haworth	M50	83	73			75	88		4	320
Mark Flemming	M50	75	65	75	82	73		86	6	317
David Crout	M50	76	67		82	71			4	296
Glyn Blakey	M50	69	65	27	42	61	76		6	271
Andrew Butcher	M50		58	64			73	68	4	263
Andie Murphie	M50		53	57					2	110
Kevin Mckay	M50						81		1	81
Owen Mills	M50			60					1	60
Mike Bechey	M50			59					1	59
Mike Hey	M50					47			1	47
Paul Morris	M60	74	61	65	66	61	72	67	7	279
Mark Osborne	M60			63		55			2	119
Martin Sluce	M60	75							1	75
Greg Pen	M60				71				1	71
Keith Loan	M60			65					1	65
Stan Atkinson	M60						63		1	63
Stuart Backhouse	M60			61					1	61
Jim Downie	M70						68		1	68

## Ladies:

Name	Category	Chestnut Hill	Gale Road	Latrigg	Raven Crag	Catbells	Graystones	Castle Rock	Races Run	Best 4 from 7
		07-Mar	04-Apr	17-May	14-Jun	04-Jul	15-Aug	21-Sep		
Catherine Spurden	SEN	100	100	91	94	78	92	98	7	392
Helen Sharman	SEN	95	91	86		94	99		5	379
Vic Haworth	SEN	86	83	77		87	79	79	6	335
Pip Haworth	SEN	75	70			67			3	213
Emma Bramley	SEN						100	100	2	200
Rachel Knight	SEN			34	55		56	52	4	196
Kate Marriott	SEN			100					1	100
Jodie Gray	SEN			96					1	96
Jenn Bell	SEN			91					1	91
Alexandra Duesbury	SEN				85				1	85
Isabelle Read	SEN		81						1	81
Nichola	SEN						78		1	78
Hannah Blair	SEN					77			1	77
Madeline Ludlage	SEN			77					1	77
Lotty Bradford	L40	72	73	64	72	67	65	61	7	285
Cat Evans	L40					100			1	100
Lynne Hulme	L40	89							1	89
Lindsay Walker	L40		82						1	82
Debs Charlton	L40	80							1	80
Gill Atkinson	L50	88	89	82	94	92	89		6	363
Kerry Cornforth	L50	91	90	84	55	91		83	6	355
Steph Illingworth	L50		86	81	88		86	74	5	341
Sara Hodgson	L50			90	100	97			3	287
Corinne Cummings	L50	81				83	79		3	243
Suzanne Spedding	L50		70	72			67		3	209
Louise Brown	L50	81	80						2	161
Michelle Tones	L50					69			1	69
Lyn Thompson	L60			81					1	81
Nicky Butler	L60			72					1	72
Kathleen Proctor	L60	70							1	70
Lesley Malarkey	L70	69		69		72	72	76	5	290