



Barrow fell race route:

 **MANDATORY** flagged section out and back from show field.

 **Checkpoints:**
1. Stile End – NY 220 219
2. Barrow – NY 227 218

 **Unmarked** on the fell, recommended route.

 **Start:** Main ring, 2pm.

 **Finish:** field after underpass.

Road crossing, **BEWARE!**

Details:

Distance: ~6.5km
Climbing: ~425m
Climb/km: ~65
-> Category: AS

Retirements:

If you retire from the race you must **REPORT BACK TO THE START/FINISH**, even if you have told a marshal!

