

| <u>Position</u> | <u>Competitor</u>    | <u>Category</u> | <u>Club</u>             | <u>Time</u> |
|-----------------|----------------------|-----------------|-------------------------|-------------|
| 1               | Mark Lamb            | M               | Keswick AC              | 00:31:48    |
| 2               | Billy Cartwright     | M               | Matlock AC              | 00:32:22    |
| 3               | Carl Bell            | M               | Keswick AC              | 00:32:32    |
| 4               | James Appleton       | M               | Keswick AC              | 00:32:45    |
| 5               | Dan Haworth          | M               | Keswick AC              | 00:33:07    |
| 6               | Steve Halsall        | M               | Keswick AC              | 00:34:20    |
| 7               | Matthew Atkinson     | M               |                         | 00:35:41    |
| 8               | Hannah Horsburgh     | F               | Keswick AC              | 00:35:50    |
| 9               | Oliver Matharu       | M               | Holme Pierrepont        | 00:36:04    |
| 10              | Martin Cliffe        | M40             | Eryri                   | 00:36:25    |
| 11              | Tobias Barthelmes    | MU23            | Keswick AC              | 00:36:41    |
| 12              | Luke Beresford       | M               | Ripley Running Club     | 00:36:54    |
| 13              | Howard Seal          | M40             | Derwent AC              | 00:37:07    |
| 14              | Thomas Knox          | M               |                         | 00:37:27    |
| 15              | Ben Procter          | M               | Helm Hill Runners       | 00:37:34    |
| 16              | Alex Roberts         | M               | Ellenborough RC         | 00:37:55    |
| 17              | James Haworth        | M40             | Keswick AC              | 00:38:15    |
| 18              | Darren Fishwick      | M40             | Chorley Harriers        | 00:38:28    |
| 19              | Tim Irlam            | M               | Cumberland Fell Runners | 00:38:45    |
| 20              | Jamie Coates         | M40             |                         | 00:38:51    |
| 21              | George Fawkes        | M               | Derwent AC              | 00:38:57    |
| 22              | Ed Gamble            | M50             | Cheshire Hill Racers    | 00:39:10    |
| 23              | Andy Thompson        | M               | Helm Hill Runners       | 00:39:23    |
| 24              | Karl Steinegger      | M               | Ambleside AC            | 00:39:40    |
| 25              | Ben Still            | M40             |                         | 00:39:56    |
| 26              | Chris Neil           | M               |                         | 00:40:02    |
| 27              | Bruce Hardy          | M40             | Derwent AC              | 00:40:15    |
| 28              | James Conlon         | M               | Cumberland Fell Runners | 00:40:16    |
| 29              | Nathalie Beadle      | FU23            | Oxford City AC          | 00:40:24    |
| 29              | Peter German         | M               | Helm Hill Runners       | 00:40:24    |
| 31              | Pez Bullen           | M50             | Keswick AC              | 00:40:33    |
| 32              | Ian Renouf           | M               | Derwent AC              | 00:40:38    |
| 33              | Jacob Tonkin         | M               | Keswick AC              | 00:40:40    |
| 34              | David Mccabe         | M40             | Trawden AC              | 00:40:55    |
| 35              | Jenn Bell            | F               | Keswick AC              | 00:40:57    |
| 36              | Lou Osborn           | F40             | Ambleside AC            | 00:41:04    |
| 37              | John Bagge           | M50             | Helm Hill Runners       | 00:41:32    |
| 38              | Christopher Lister   | M               | Ellenborough RC         | 00:41:42    |
| 39              | Scott Collier        | M               |                         | 00:41:43    |
| 40              | Alan Life            | M50             | Clayton Le Moors        | 00:41:49    |
| 41              | Tom Strong           | M               | Derwent AC              | 00:41:58    |
| 42              | Darren Wylie         | M               | Ellenborough RC         | 00:42:26    |
| 43              | Mark Greenbank       | M50             | Keswick AC              | 00:42:38    |
| 44              | Lucy Stobbart        | F               | Cumberland Fell Runners | 00:42:45    |
| 45              | David Parkinton      | M50             | Preston Harriers        | 00:42:56    |
| 46              | Robert James Hurcomb | MV40            |                         | 00:43:49    |
| 47              | Mike Harrison        | M40             | Cumberland Fell Runners | 00:43:59    |
| 48              | Will Kirk            | M40             |                         | 00:44:23    |
| 49              | Rob Winfield         | M               |                         | 00:44:48    |

|                            |     |                             |          |
|----------------------------|-----|-----------------------------|----------|
| 50 James Walker            | M   | Keswick AC                  | 00:45:12 |
| 51 Fiona Paterson          | F   | Helm Hill Runners           | 00:45:21 |
| 52 David Harte             | M50 | Bournville Harriers         | 00:45:47 |
| 53 Helen Elmore            | F40 | Dark Peak Runners           | 00:45:59 |
| 54 Darren Parker           | M50 | Cumberland Fell Runners     | 00:46:01 |
| 55 Ian Mcdougall           | M50 | Cumberland AC               | 00:46:05 |
| 56 Nick Evans              | M50 | Eden Runners                | 00:46:12 |
| 57 Dan Wilson              | M   | Cumberland AC               | 00:46:42 |
| 58 Matthew Mishulin        | M   |                             | 00:46:45 |
| 59 Garry Owens             | M60 | Northumberland Fell Runners | 00:46:57 |
| 60 Jon Morgan              | M40 | Keswick AC                  | 00:47:00 |
| 61 Richard Smith           | M   | Ambleside AC                | 00:47:05 |
| 62 Chris Richardson        | M50 | Keswick AC                  | 00:47:11 |
| 63 Phil Clayton            | M50 | Blackcombe Runners          | 00:47:24 |
| 64 Jim Downie              | M60 | Keswick AC                  | 00:47:35 |
| 65 Rob Hinton              | M50 | 26.2 Road Runners Club      | 00:47:44 |
| 66 Kevin Robinson          | M40 | Derwent AC                  | 00:47:48 |
| 67 Matt Davis              | M   | Howgill Harriers            | 00:48:02 |
| 68 James Morrison          | M40 | Tiverton Harriers           | 00:48:38 |
| 69 Emily Robinson          | F   | Cumberland Fell Runners     | 00:48:48 |
| 70 Jenny Evans             | F   | Sale Harriers               | 00:48:52 |
| 71 David Appleyard         | M50 | Helm Hill Runners           | 00:49:16 |
| 72 Mark Wise               | M50 | Cumberland Fell Runners     | 00:49:23 |
| 73 Rachel Findlay-Robinson | F   | Keswick AC                  | 00:49:42 |
| 74 Beverley Smith          | F   | Cumberland AC               | 00:50:13 |
| 75 Ruth Brandon            | F40 | Holme Pierrepont            | 00:50:31 |
| 76 Jonathan Tombs          | M40 | Eden Runners                | 00:50:43 |
| 77 Les Barker              | M50 | Cumberland Fell Runners     | 00:51:17 |
| 78 Matt Levoi              | M   |                             | 00:51:28 |
| 79 Elisabeth Knox          | F   | Anster Haddies              | 00:51:35 |
| 80 Michael Sandelands      | M40 | Cumberland AC               | 00:52:14 |
| 81 Nick Moore              | M60 | Cumberland F.R.             | 00:53:06 |
| 82 Stephen Chalkey         | M40 | Kenilworth                  | 00:53:34 |
| 83 John Orrell             | M50 | Blackburn Harriers          | 00:53:59 |
| 84 Brent Lindsay           | M50 |                             | 00:54:27 |
| 85 Nicholas Downes         | M40 | Cumberland AC               | 00:54:39 |
| 86 Jack King               | M70 | Cumberland Fell Runners     | 00:55:01 |
| 87 Nigel Braithwaite       | M40 |                             | 00:56:08 |
| 88 Annette Mikkelson       | M50 |                             | 00:56:30 |
| 89 Lindsay Buck            | F50 | Cumberland Fell Runners     | 00:56:49 |
| 90 Julie Darigala          | F40 | Pennistone Footpath Runners | 00:57:55 |
| 91 Pip Conlon              | F   | Derwent AC                  | 00:57:59 |
| 92 Alison Butlin           | F40 | Ripley Running Club         | 00:59:04 |
| 93 Kim Clark               | F60 | Keswick AC                  | 00:59:24 |
| 94 Peter Reed              | M60 | Northumberland Fell Runners | 00:59:28 |
| 95 Paul Davison            | M   | Howgill Harriers            | 01:00:50 |
| 96 Christopher Lyons       | M   | Kenilworth                  | 01:04:00 |
| 97 Laura Winfield          | F   |                             | 01:04:20 |
| 98 Dez Gorringer           | M50 |                             | 01:04:35 |
| 99 Chris Clark             | M60 | Keswick AC                  | 01:05:55 |

|     |                    |     |                         |          |
|-----|--------------------|-----|-------------------------|----------|
| 100 | Katie Simone Coyle | F40 |                         | 01:08:23 |
| 101 | Jane Mottram       | F60 | Cumberland Fell Runners | 01:10:25 |
| 102 | Dot Patton         | F60 | Cumberland Fell Runners | 01:10:32 |
| 103 | Matt Crake         | M40 | Pirateship Of Fools     | 01:16:04 |