

<u>Place</u>	<u>Competitor</u>		<u>Category</u>	<u>Club</u>	<u>Time</u>
1	Carl Bell	M		Keswick AC	00:31:07
2	Martin Mikkelsen-Barron	M		Borrowdale Fell Runners	00:32:16
3	Brennan Townshend	M		Keswick AC	00:32:59
4	Tim Cowin	M40		Helm Hill Runners	00:34:32
5	Nicholas Colburn	M		Manx Fell Runners	00:34:37
6	Scott Morley	M		Eden Runners	00:37:17
7	Kelli Roberts	F		Helm Hill Runners	00:37:24
8	Joshua Liddle	MU23		Eden Runners	00:37:42
9	Harry Bolton	MU23		Keswick AC	00:37:46
10	James Haworth	M40		Keswick AC	00:37:58
11	Simon Mounsey	M40		Howgill Harriers	00:38:00
12	Steve Angus	M40		Keswick AC	00:38:02
13	Paul Targett	M50		Holcombe Harriers	00:38:27
14	Sophie Noon	F		Cumberland Fell Runners	00:38:52
15	Matthew Atkinson	M			00:39:16
16	Grant Chapman	M40		Royston Runners	00:39:19
17	Arthur Raffle	MU23		Altrincham & Dist. AC	00:39:26
18	Ben Still	M40			00:39:29
19	Scott Collier	M			00:39:55
20	Paul Chamberlain	M40			00:40:15
21	Gavin Hodgson	M40		Achilles AC	00:40:17
22	Sean Robinson	M40		Howgill Harriers	00:40:20
23	Jenn Mattinson	F		Keswick AC	00:40:22
24	Pez Bullen	M50		Keswick AC	00:40:28
25	Robert Daley	M40		Eden Runners	00:40:31
26	Peter German	M		Helm Hill Runners	00:40:39
27	Rosie Watson	F		Cumberland Fell Runners	00:40:52
28	Matthew Jackman	MU23			00:41:14
29	Chris Carter	M40			00:41:17
30	Kate Marriott	F		Keswick AC	00:41:22
31	Rob Winfield	M			00:41:59
32	Andrew Shipley	M		Highgate Harriers	00:42:20
33	Catherine Niblock	F		Helm Hill Runners	00:42:25
34	Paul Mitchinson	M		Victory AC	00:42:48
35	Lee Pretlove	M		Royston Runners	00:42:59
36	Keith Loan	M60		Keswick AC	00:43:04
37	David Buchanan	M50		York Knavesmire Harriers	00:43:07
38	James Morrison	M40		Tiverton Harriers	00:43:12
39	Dean Reilly	M		Royston Runners	00:43:21
40	Lucy Spain	F		Helm Hill Runners	00:43:28
41	Steven Jones	M40		Keswick AC	00:43:42
42	Gary Jackson	M40		Eden Runners	00:43:47
43	Rachel Poynter	F		Eden Runners	00:43:48
44	Anne Edwards	F			00:43:51
45	Paul Nickells	M50		Eden Runners	00:44:08
46	John Robson	M50		Helm Hill Runners	00:44:36
47	Tim Jones	MU23		Royston Runners	00:44:51
48	Marie Robson	F50		Helm Hill Runners	00:45:18
49	Gary Mason	M50		Keswick AC	00:45:21

50	Will Spain	M	Dark Peak Runners	00:45:27
51	Bret Malloy	M	Derwent AC	00:45:30
52	Lucy Stobbart	F	Cumberland AC	00:45:42
53	Paul Makowsky	M40	Royston Runners	00:46:19
54	Owen Mills	M40	Keswick AC	00:47:11
55	William Law	M	Royston Runners	00:47:26
56	Darryl Saunders	M	Keswick AC	00:47:29
57	Kevin Robinson	M40	Derwent AC	00:47:44
58	Allon Welsh	M50	Northumberland Fell Runners	00:47:59
59	Stuart Backhouse	M50	Keswick AC	00:48:04
60	Simon Veitch	M50	Keswick AC	00:48:14
61	Jonathan Tombs	M40	Eden Runners	00:48:19
62	Chris Schofield	M50	Helm Hill Runners	00:49:18
63	Nicky Butler	F50	Keswick AC	00:49:24
64	Matthew Appleby	M40		00:49:34
65	Frank Van Der Mark	M50		00:49:58
66	Sarah Mccrea	F	Fast Triathlon	00:50:06
67	Graham Watson	M50	Cumberland Fell Runners	00:50:22
68	Paul Haynes	M40	Royston Runners	00:50:37
69	Katie Godfrey	F	Royston Runners	00:51:07
70	Jack King	M70	Cumberland Fell Runners	00:52:20
71	Lesley Malarkey	F60	Keswick AC	00:52:26
72	Katie Milburn	F	Eden Runners	00:52:28
73	Lauren Davison	F	Royston Runners	00:53:14
74	Gary Burns	M50	Horsforth Fellandale	00:53:35
75	Matthew Cottiss	M	Royston Runners	00:53:40
76	Kim Clark	F60	Keswick AC	00:55:57
77	Betty Bohane	F	Royston Runners	00:56:12
78	Justine Carruthers	F40	Eden Runners	01:01:40
79	Lorna Castle	F	Royston Runners	01:04:26
80	Tom Elton	M50	Royston Runners	01:04:27