

<u>Place</u>	<u>Competitor</u>	<u>Category</u>	<u>Club</u>	<u>Time</u>
1	Chris Arthur	M	Bowland Fell Runners	00:31:04
2	James Appleton	M	Keswick AC	00:31:17
3	Martin Mikkelsen-Barron	M	Borrowdale Fell Runners	00:32:53
4	Jarlath Mckenna	M	Bristol & West AC	00:33:18
5	Calum Tinnion	M	Ellenborough RC	00:34:37
6	Dan Haworth	M	Keswick AC	00:34:47
7	Jack Eyre	M	Eden Runners	00:34:49
8	Joe Mann	M	Ambleside AC	00:35:09
9	Ted Ferguson	MU23	Borrowdale Fell Runners	00:35:27
10	Lee Procter	M	Helm Hill Runners	00:35:36
11	Michael Tosh	M	Ambleside AC	00:37:49
12	Chris Knowles	M50	Ellenborough RC	00:37:52
13	Sandy Lockett	M	Bowland Fell Runners	00:37:56
14	Lou Roberts	F40	Ambleside AC	00:37:58
15	Sam Hooper	MU23	Keswick AC	00:38:18
16	Howard Seal	M40	Derwent AC	00:38:34
17	Robert Crawford	M40	Howgill Harriers	00:38:51
18	Steve Angus	M40	Keswick AC	00:38:54
19	Craig Smith	M50	Keswick AC	00:39:09
20	Peter German	M	Helm Hill Runners	00:39:29
21	Catherine Spurden	F	Keswick AC	00:39:31
22	Mark Irving	M	Bowland Fell Runners	00:39:57
23	Simon Netherway	M	Keswick AC	00:40:16
24	James Baron	M40	Helm Hill Runners	00:40:23
25	David Bainbridge	M	Howgill Harriers	00:40:50
26	Pez Bullen	M50	Keswick AC	00:40:57
27	Scott Collier	M		00:41:02
28	Sean Robinson	M	Howgill Harriers	00:41:30
29	David Wilson	M		00:41:56
30	Rhys Morris	M	Keswick AC	00:43:06
31	David Gibson	M	Esk Valley	00:43:07
32	Gary Mason	M50	Keswick AC	00:43:14
33	Ross Jenkin	M	Howgill Harriers	00:43:15
34	Catherine Evans	F	Keswick AC	00:43:22
35	Kerry Cornforth	F40	Borrowdale Fell Runners	00:43:45
36	Paul Gilbert	M	Calder Valley FR	00:44:01
37	Gary Jackson	M40	Eden Runners	00:44:10
38	Dominic Hoare	M40	Bowland Fell Runners	00:45:03
39	Nina Walkingshaw	F	Howgill Harriers	00:45:07
40	Jo Gillyon	F40	Keswick AC	00:45:26
41	Colin Valentine	M50	Keswick AC	00:45:42
42	Justin Tracey	M40	Eden Runners	00:45:44
43	Dave Kershaw	M60	Chorley Athletic & Tri	00:46:02
44	John Robson	M50	Helm Hill Runners	00:46:14
45	Anne Edwards	F		00:46:17
46	Jonathan Tombs	M40	Eden Runners	00:46:51
47	Rachel Findlay-Robinson	F	Keswick AC	00:47:41
48	Marie Robson	F40	Helm Hill Runners	00:47:47
49	Stuart Backhouse	M50	Keswick AC	00:48:23

50	Victoria Haworth	F	Keswick AC	00:48:55
51	Debbie Walker	F40	Derwent AC	00:50:04
52	Louise Brown	F40	Keswick AC	00:51:22
53	Martin Smillie	M60	FRA	00:51:41
54	Katy Sutcliffe	F		00:53:27
55	David Kirby	M		00:53:59
56	Kathleen Batty	F	Northern Fells	00:54:26
57	Nick Moore	M50	Cumberland Fell Runners	00:55:02
58	Lesley Malarkey	F60	Keswick AC	00:55:23
59	Elizabeth Adams	F40	Helm Hill Runners	00:56:53
60	May Crawford	F	Helm Hill Runners	01:00:33
61	Justine Carruthers	F40	Eden Runners	01:03:34
62	John Cain	M50	Keswick AC	01:10:01