

<u>Place</u>	<u>Competitor</u>	<u>Category</u>	<u>Club</u>	<u>Time</u>
1	Simon Booth	M40	Borrowdale Fell Runners	00:35:05
2	Calum Tinnion	M	Ellenborough RC	00:35:25
3	Peter George	M	Keswick AC	00:35:42
4	Jonathan Marchant	M40	Helm Hill Runners	00:36:05
5	Lee Procter	M	Helm Hill Runners	00:36:11
6	Mario Yeomans	M	Cumberland Fell Runners	00:36:42
7	Noah Hurton	MU23	Eden Runners	00:37:22
8	Howard Seal	M40	Cumberland Fell Runners	00:37:30
9	Christopher Lister	M	Ellenborough RC	00:37:43
10	Scott Keough	M40	Ellenborough RC	00:38:15
11	Darren Fishwick	M40	Chorley Harriers	00:39:01
12	James Christmas	M	Keswick AC	00:39:12
13	Neil Russell	MU23	Royal Marines RC	00:39:42
14	Shaun Atkinson	M	Ellenborough RC	00:39:44
15	David Mccabe	M40	Trawden AC	00:39:48
16	Nathan Swainbank	M		00:40:27
17	Neil Sidaway	M50	Cumberland Fell Runners	00:41:16
18	Richard Horsfield	M50	Kimberworth Striders	00:41:24
19	Amanda Ingram	F	Tri Lakeland	00:41:36
20	Andrew Armitage	M		00:41:38
21	Peter Crompton	M50	Cumberland Fell Runners	00:41:43
22	Alex Roberts	M	Cumberland AC	00:41:48
23	Gary Lane	M40	Coniston	00:41:52
24	John Beetham	M40	Keswick AC	00:42:04
25	Andrew Bradley	M50	Cumberland Fell Runners	00:42:07
26	Lou Roberts	F40	Ambleside AC	00:42:16
27	Matthew Proctor	MU23	Cumberland Fell Runners	00:42:22
28	Colin Rhodes	M40	Cumberland Fell Runners	00:42:30
29	Peter German	M	Helm Hill Runners	00:42:31
30	Jonty Fish	MU23	Borrowdale Fell Runners	00:42:58
31	Tom Eagle	M	Delamere Spartans	00:42:59
32	Michael Smith	M40	Dallam RC	00:43:15
33	David Gibson	M	Esk Valley	00:43:21
34	Roger Gooding	M40	Springfield Striders	00:43:23
35	Karl Mason	M	Helm Hill Runners	00:43:32
36	Jacob Tonkin	MU23		00:43:44
37	Adrian Bacon	M40	Keswick AC	00:44:02
38	Jo Gillyon	F40	Keswick AC	00:44:11
39	Dave Kershaw	M50	Chorley Athletic & Tri	00:44:30
40	Annabel Holmes	F40	Keswick AC	00:44:40
41	Gary Jackson	M	Eden Runners	00:44:43
42	Nina Walkingshaw	F	Howgill Harriers	00:45:12
43	Lucy Stobbart	F	Cumberland AC	00:45:13
44	Carrie Gibson	F40	Helm Hill Runners	00:45:23
45	Claire Russell	F40	Cumberland Fell Runners	00:45:41
46	Trevor Longman	M60	Macclesfield Harriers	00:46:05
47	Ian Edmonson	M40		00:46:11
48	Nick Hampton	M40		00:47:02
49	Helen Winskill	F40	Keswick AC	00:47:54

50	Hannah Bradley	FU23	Cumberland Fell Runners	00:48:07
51	David Appleyard	M50	Helm Hill Runners	00:48:12
52	Debbie Walker	F40	Derwent AC	00:48:25
53	Angela White	F40	Cumberland Fell Runners	00:48:35
54	Wendy Dodds	F60	Clayton Le Moors	00:48:49
55	Marie Louise Drozdowicz	F50	Elswick Harriers	00:49:57
56	Tom Partington	MU23		00:50:46
57	Mel Bradley	F50	Cumberland Fell Runners	00:50:53
58	Jack King	M60	Cumberland Fell Runners	00:51:08
59	Tim Hooper	M50		00:51:19
60	Graham Watson	M50	Cumberland Fell Runners	00:51:35
61	Andy Bickerstaff	M50	Ranelagh Harriers	00:51:38
62	Marie Robson	F40	Helm Hill Runners	00:51:43
63	Katie Hackney	F		00:51:44
64	Louise Brown	F40	Keswick AC	00:52:18
65	Nick Moore	M50	Cumberland Fell Runners	00:53:10
66	Peter Reed	M60	Northumberland Fell Runners	00:53:13
67	Lindsay Harrod	F40	Helm Hill Runners	00:53:15
68	Gemma Wickham	F	Canterbury Harriers	00:53:21
69	Lorna Askew	F40	Helm Hill Runners	00:53:34
70	Kathy Jackson	F50	Lakes City NZ	00:54:02
71	Helen Brownlie	F50	Keswick AC	00:55:04
72	Jenn Bradley	FU23		00:58:25
73	Emily Christmas	F	Keswick AC	01:02:26
74	Ian Hodson	M40		01:11:14