

<u>Place</u>	<u>Competitor</u>	<u>Category</u>	<u>Club</u>	<u>Time</u>
1	Rhys Findlay-Robinson	M	Dark Peak Runners	00:32:29
2	Phil Davies	M40	Borrowdale Fell Runners	00:33:42
3	Mark Lamb	M	Keswick AC	00:34:23
4	Sam Fisher	MU23	Howgill Harriers	00:34:37
5	Chris Edis	M	Keswick AC	00:35:26
6	Greg Lamb	M	Keswick AC	00:35:37
7	Steve Angus	M40	Keswick AC	00:36:22
8	Steve Birkinshaw	M40	Borrowdale Fell Runners	00:37:15
9	Muir Morton	M40	Pennine	00:37:37
10	Lee Newton	M	Keswick AC	00:37:43
11	Melanie Hyder	FU23	Helm Hill Runners	00:38:52
12	David Loan	M60	Keswick AC	00:39:02
13	James Christmas	M	Keswick AC	00:39:31
14	Shaun Atkinson	M	Ellenborough RC	00:39:59
15	Sean Robinson	M	Howgill Harriers	00:40:06
16	Katy Moore	F	Keswick AC	00:40:22
17	Zach Pedley	MU23	Keswick AC	00:41:24
18	Jackie Winn	M60	Ellenborough RC	00:41:39
19	Jason Howell	M40		00:41:48
20	Colin Valentine	M50	Keswick AC	00:41:52
21	Tom Loan	M	Keswick AC	00:41:59
22	Steven Jones	M	Keswick AC	00:42:46
23	Stuart Edginton	M40	Keswick AC	00:43:03
24	Paul Coon	M	Cumberland AC	00:43:11
25	Phil Clayton	M40	Blackcombe Runners	00:43:35
26	Stephen Brown	M40	Ellenborough RC	00:43:42
27	Tom Cubbon	M40	Blackburn Harriers	00:43:57
28	Lucy Stobbart	F	Cumberland AC	00:44:07
29	Matthew Pitteway	M		00:44:12
30	Catherine Spurden	F	Keswick AC	00:44:17
31	Jeff Powell Davies	M		00:44:21
32	Helen Winskill	F40	Keswick AC	00:45:00
33	Julie Carter	F50	Keswick AC	00:45:57
34	Paul Gilbert	M		00:46:10
35	Wendy Dodds	F60	Clayton Le Moors	00:46:25
36	Debbie Walker	F	Derwent AC	00:47:13
37	Jonathan Ashworth	M	Ellenborough RC	00:47:20
38	Matthew Appleby	M40		00:48:19
39	Brian Garvan	M		00:49:47
40	Alison Clark	F		00:50:00
41	Hayley Hodgson	F40	Keswick AC	00:50:09
42	Debbie Charlton	F	Keswick AC	00:50:28
43	Christine Clarkson	F	FRA	00:50:33
44	Tom Johnson	M	Pls	00:51:48
45	Nicky Butler	F50	Keswick AC	00:53:26
46	Lesley Malarkey	F60	Keswick AC	00:53:47
47	Rachel Jeff	F	Cumberland AC	00:54:31
48	Katie May	FU23	Howgill Harriers	00:57:34
49	Sharron Hutchinson	F40	Helm Hill Runners	00:58:00
50	Fiona Mccarthy	F50		01:00:00