Keswick AC Championship Results to 8th May 2022

Men's Fell

Name	Cat'y	Blake Fell	Buttermere Sailbeck	Lower Borrowdale Skyline (also National Champs)	Old Crown Round (also National Champs)	Dark side of the Combe	Lake District Mountain Trial	Buttermere Shepherds Meet	Races Run	Best 4 From 7
		Short	Long	Medium	Long	Medium	Short, Solo or Pairs	Short		
		22-Jan	07-May	21-May	23-Jul	29-Aug	11-Sep	23-Oct		
Harry BOLTON	M23	99							1	99
Matthew ATKINSON	SEN	100	100						2	200
John BATTRICK	SEN	100							1	100
Mark LAMB	SEN	100							1	100
Steve HALSALL	SEN		97						1	97
Dan MILLS	SEN	95							1	95
Calum KITCHING	SEN	88							1	88
Hamish MURRAY	SEN	87							1	87
Jacob TONKIN	SEN	86							1	86
Jordan PALMER	SEN	76							1	76
Rob BROWN	M40	90	87						2	177
Scott WHITE	M40	68	68						2	135
Craig MARSH	M40	86							1	86
Ross BUTLER	M40	79							1	79
Graeme SIBSON	M40	79							1	79
Ivan HOLROYD	M40	77							1	77
David CROUT	M50	74	66						2	140
Dave PROSSER	M50		80						1	80
Guy ILLINGWORTH	M50		77						1	77
Jim HAWORTH	M50	76							1	76
Jeff HENDERSON	M50		70						1	70
Mark FLEMING	M50		67						1	67
Glyn BLAKEY	M50	64							1	64
Ketih LOAN	M60		69						1	69
Michael MALLEN	M60		67						1	67

Women's Fell

Name	Cat'y	Blake Fell	Buttermere Sailbeck	Lower Borrowdale Skyline (also National Champs)	Old Crown Round (also National Champs)	Dark side of the Combe	Lake District Mountain Trial	Buttermere Shepherds Meet	Races Run	Best 4 From 7
		Short	Long	Medium	Long	Medium	Short, Solo or Pairs	Short		
		22-Jan	07-May	21-May	23-Jul	29-Aug	11-Sep	23-Oct		
Holly WOOTEN	SEN	100	100						2	200
Shirley MURRAY	SEN	91	100						2	191
Jodie GRAY	SEN		99						1	99
Jenn BELL	SEN	89							1	89
Zoe HEBBLETHWAITE	SEN		87						1	87
Lorela MOVILEANU	SEN	80							1	80
Vicky WARE	SEN	80							1	80
Bethan NAYLOR	SEN	69							1	69
Rachel KNIGHT	SEN	62							1	62
Lynne HUME	L40	79	80						2	159
Kate APPS	L40	81							1	81
Debbie CHARLTON	L40	75							1	75
Gillian ATKINSON	L50	83	80						2	163
Louise BROWN	L50	76	66						2	142
Hazel DAVIES	L50		82						1	82
Kerry CORNFORTH	L50	80							1	80
Nicky BUTLER	L60	71	72						2	144
Lyn THOMPSON	L60	80							1	80
Lesley MALARKEY	L70	66	69						2	135

Men's Road

Name	Cat'y	Morecombe Running Festival	Carlisle Half Marathon	Solway Coast Marathon	The Castle 5k Series	Keswick Park Run	Brampton to Carlisle	Ulverston Xmas Pudding	Races Run	Best 4 From 7
		10K	13.1M	26.2M	5K	5K	10M	10K		
		30-Jan	13-Mar	22-May	13-Jul	24-Sep	20-Nov	04-Dec		
Graeme SIBSON	M40		100						1	100
Anthony CAPE	M40		82						1	82
Mike BEECHEY	M50	100	85						2	185

Women's Road

Name	Cat'y	Morecombe Running Festival	Carlisle Half Marathon	Solway Coast Marathon	The Castle 5k Series	Keswick Park Run	Brampton to Carlisle	Ulverston Xmas Pudding	Races Run	Best 4 From 7
		10K	13.1M	26.2M	5K	5K	10M	10K		
		30-Jan	13-Mar	22-May	13-Jul	24-Sep	20-Nov	04-Dec		
Michelle HARRISON	SEN		100						1	100
Joanne RUMNEY	SEN	90							1	90
Claire WARNER	SEN		86						1	86
Lindsay WALKER	L40	100	90						2	190
Debbie CHARLTON	L40	92							1	92
Leeann BARBER	L40		92						1	92
Joanna ROLLS	L40	91							1	91
Linda JUBB	L50	87	82						2	169
Kathleen PROCTOR	L60	89	81						2	170

Men's Trail

Name	Class	Whinlatter Park Run	Hawkeshead	Grasmere Gallop	Montane Trail Ullswater Way	Borrowdale Trail Run	Not Round Latrigg	Whinlatter (KAC only)	Races Run	Best 4 From 7
		5K	10K	17K	10M	13K	8.8K	10K		
		19-Mar	09-Apr	28-May	04-Jun	09-Jul	17-Aug	TBC		
Craig SCOTT	SEN	100							1	100
Ross BUTLER	M40	98							1	98
Ivan HOLROYD	M50	89	100						2	189
Jim HAWORTH	M50	97							1	97
David CROUT	M50	90							1	90
Glyn BLAKEY	M50	85							1	85
Michael MALLEN	M60	85							1	85
Jeremy DYER	M60	61							1	61
Jim DOWNIE	M70	78							1	78

Women's Trail

Holly WOOTTEN	SEN	100	100						2	200
Lorela MOVILEANU	SEN	81	74						2	155
Phillipa HAWORTH	SEN		67						1	67
Lindsay WALKER	L40	81	73						2	154
Jo ROLLS	L40	76	72						2	148
Debbie CHARLTON	L40	81							1	81
Leeann BARBER	L40	81							1	81
Debs WHITE	L40	75							1	75
Lotty BRADFORD	L40	69							1	69
Gillian ATKINSON	L50	85	77						2	162
Hazel DAVIES	L50		84						1	84
Kerry CORNFORTH	L50	82							1	82
Louise BROWN	L50	81							1	81
Kirsty BARKER	L50		67						1	67
Kathleen PROCTOR	L60	69	63						2	69