Keswick Athletic Club – Minutes of the Annual General Meeting Wednesday 20th November 2019, 7.30pm, Crosthwaite Parish Rooms

1) Welcome

The chair welcomed everyone to the AGM.

1) Attendance and Apologies

The following people were present:

Trudy Beetham (Secretary), Lesley Malarkey (Chair), Phil Winskill (Treasurer), John Battrick (Junior Coordinator), Rob Jones (Training Co-Ordinator), Allan Buckley (Safety Officer), Louise Brown, Carl Bell, Jenn Mattinson, Steve Harwood, Ella Scott, Kerry Cornforth, Steve Hebblethwaite, Dave Spedding, Mark Lamb, Jane Elliot, Tom Partington, Rob Brown. Sam Stead. Peter George, Rachel Findlay-Robinson, Victoria Haworth, Calum Tinnion, Jim Haworth, Lyn Thompson, Debbie Charlton, Lindsay Walker, Sally Nutter, Lyme Hulme, Jane Elliot, Kathleen Proctor, Chris Knox.

The following people provided their apologies:

Harry Blenkinsop, John Beetham, Nicky Butler, Patrick Butler

1) Minutes of last AGM.

The minutes of the previous year's AGM were approved as a true and accurate record of the meeting.

1) Matters arising

There were no matters arising.

1) Reports

a) Chair.

Lesley thanked everyone for the exceptional successes of the year, not only the many athletes but ROs, marshals, cake bakers, supporters etc. There is a need now for the club to ensure it still also has a strong representation at road and cross-country events. The ladies have lead the way with a good presence at both of these disciplines this year.

Lesley closed by saying it had been an extraordinary privilege to Chair the club for the past 5 years during which time she had endeavoured to raise the club's profile, keep things running efficiently and encouraged the club to have clear aims for the future. She wished everyone continued success.

a) Secretary.

The club have again been awarded two places for the Virgin London Marathon, to be awarded via the usual criteria on the website. Please email the secretary by the 8th December if you are interested. England Athletic fees are going up by £1 per affiliated member. This will be passed on to those who wish to affiliate to EA.

a) Membership Secretary.

The Secretary reported that membership is in a good state, but EA affiliation has decreased slightly from last year now that members have clearer options. Total membership: 225, Senior membership: 203, of which EA affiliated: 150. Junior memberships 22. Members need to be EA affiliated to run in road relay teams.

a) Treasurer.

It's been a buoyant year for the club with large purchases to replace aging kit in the stores and refill the clothing stock, which tends to happen every other year (£3731.51). However, all money for kit is recouped by sales within the club. Some money is gradually made back with clothing being bought by club members. The club has had a fairly quiet year with only 2 athlete donations made to Niamh Hunter and Brennan Townshend for £200. The club once again donated £330 to St John's for their continued race support. The continued involvement of 'Love to Run' coaching cost the club £540 for the year and provides all our coaching needs for Tuesdays and Thursdays. We have had a bumper year for relays and spent £1824.07 on transport and associated relay costs. Fixed costs for the year continue to rise with

hire of the pavilion (£720) and day-to-day running of the website (£463.42), also the running of a first aid course for members (£420). We have to pay a fair amount of our member income (£1535) for affiliation to the various athletics bodies (England and Northern Athletics) at a cost of £712. The continued growth of the junior section has resulted in a worthwhile spend of £1176.63 on prizes, coaching and other associated spending. As expected, the subsidised dinner in January took a small chunk of the account with a deficit of £475 (basically the club paid for the ceilidh), after an income of £1076 was received from members who attended.

Income comes from the several races we organise year on year and this year resulted in an income of £6029.92. Off-setting this against spending finally resulted in an overspend of £1289.39, which I think is the first year we've made a small dent in the overall pot, so well done! Ignoring the ongoing issues with Paypal (they actually paid us twice last year!!), our current balance stands at £25,222.47 (unofficially more, with several payments paid in after the October 31st deadline).

a) Junior Coordinator.

The Junior Co-ordinator reported another successful year for the juniors with 22 members. Emma Cooper, a level 2 coach, will share the role of Junior Co-ordinator with John. Minimum age is now 8. Core ages are 8-14 years. John may start a group next year as a link between juniors and adult training. KAC now have 2 welfare officers; Neil Cooper and Jenn Bell. Juniors are starting in different places and splitting sessions into road/fell/XC. Juniors have hosted 10 races this year and will encourage other clubs to attend more next year. Latrigg race is to be replaced by a less boring course(!) and the Round Town race has been replaced by last weeks' 'Park in the Dark' which involved lots of glow sticks and hi-vis was very popular. There is no longer a waiting list so please pass on the message and send along your youngsters!

a) Safety Officer.

Thanks to all the race organisers for looking after the kit so well. However, there are 2 small orange bivvy bags missing if anyone knows where they are please let Allan know. The 7 new race radios have arrived and been successfully tested on Dale Head. They are compatible with the existing radios making 12 in total. There are new ear pieces to use in conjunction with the radio which should help the audio in bad weather. Allan is happy to continue in the role but is looking for someone to hand over to in the near future who can shadow Allan for a while. Volunteers welcomed.

a) Club Captains.

The ladies captain thanked Cat Evans for organising the relays, Lindsay Walker for her help with the ladies running on the road, and Vic and Rachel F-R for re-starting the Pacemaker. Her highlight of the year was the Wainwrights' challenge. Jenn noted the achievements of many ladies during the year, notably Hannah Horsburgh, Jen Grange and Charlie Bradshaw.

The men's team captain also talked about a successful year as a team winning the 3rd successive British and English Championships as well as individual successes. Success in the HBMR and FRA Relays. XC and road have also gone well 'for a bunch of fell runners'! Official thanks was passed to Steven for all his hard work as men's team captain over the last 10 years.

6) Proposals:

2019.1 The committee proposed a new constitution which will replace the old one in order to include recent amendments and to reflect current practice. Proposed by Trudy Beetham, Seconded by Dave Spedding. This was passed by a show of hands.

1) Elections:

The following elections were decided at the AGM.

President (Harry Blenkinsop)

Vice Presidents (Jos Naylor, Kenny Stuart, Miles Jessop, Pete Bland, Ron Hill, Dave Spedding. Committee

The following individuals have been nominated and seconded for the following roles:

Chairperson (Andrew Slattery), Vice Chairperson (Julie Carter), Club Secretary (Trudy Beetham), Treasurer (Phil Winskill), Training Co-ordinator (Rob Jones), Men's Captain (Calum Tinnion), Ladies' Captain (Jenn Bell), Junior Co-ordinators (John Battrick/Emma Cooper), Webmaster (Rachel Kearns), Fitz Park Representative (Steve Harwood), Member representatives (Cat Evans).

Optional committee positions

Safety Officer (Allan Buckley), Honorary Auditor (Dave Howarth), Statistician (Patrick Butler), Membership Secretary (Sam Stead), Publicity Officer (Vacant – volunteers welcomed), Wednesday Ladies representative (Lynne Hulme).

All members were elected by show of hands.

1) **Life Membership nominations**. Carl Bell has been awarded Life membership by the committee for being an outstanding ambassador for KAC.

1) Ideas for 2020

Road Captains - Jenn Bell. The ladies have a meeting on 12th January to look ahead to 2020. Possibly the English championships, a Billy Bland round for the LV40s, Lakeland Classics, and more relays.

Calum said the men will try again for success in the English and British Fell championships with recces in advance, more relays and maybe a crack at the Billy Bland challenge record. Sam Stead will be helping coordinate the men on the roads and cross country.

Trail club championship/league idea. This was discussed and agreed to be a good idea. Lyn Thompson is organising a 10k in Whinlatter and this could be one of the trail races. Lindsay Walker will make some plans.

Open floor. A few members liked the idea of a Billy Bland challenge day out with lots of teams running on the same day.

A reminder it's the Barrow Downhill Bonanza on 7th December.

KAC have been asked to host the FRA annual do in 2020, also the FRA's 50^{th} birthday. Lesley will coordinate.

1) Date of next meeting: November 2020 (details to be confirmed)