

Dale Head 2019 results :

<u>Position</u>	<u>No</u>	<u>Name</u>	<u>Club</u>	<u>Category</u>	<u>Time</u>
1	11	Matthew Atkinson	Keswick AC	Sen	50.36
2	19	Hannah Horsburgh	Keswick AC	LSen	55.10
3	13	Arthur Raffle	Altrincham	U23	55.23
4	18	Paul Reilly	Helm Hill	V40	56.22
5	24	Karl Steinegger	Ambleside AC	Sen	56.28
6	27	David Middlemas	Valley Str	V40	57.20
7	26	Ben Simmonds	S.Molton Strugglers	Sen	58.42
8	32	Howard Seal	C.F.R.	V40	63.21
9	25	Mac Findlay		Sen	63.31
10	12	Philip Pearson	North.Fells	V60	64.38
11	34	Bianca Dyer	Helm Hill	LV40	64.59
12	21	Alex Stainforth	Helm Hill	Sen	66.35
13	15	John Messenger	North.Fells	V40	66.43
14	36	Dave McCabe	Trawden AC	V40	66.57
15	28	Jenny Rice	Helm Hill	LSen	67.37
16	14	Tim Raffle	Altrincham	V50	67.54
17	16	Darren Parker	C.F.R.	V50	68.22
18	20	Jo Gillyon	Keswick AC	LV40	69.08
19	8	Chris Green	Ambleside AC	V40	69.30
20	33	Clive Allen	Helm Hill	V50	69.35
21	29	Paul Scully	Helm Hill	V40	69.48
22	6	Stephen Kirby	Holme Pierrepont	Sen	72.57
23	17	Phil Clayton	Black Combe	V50	73.48
24	7	Marie Robson	Helm Hill	LV50	74.56
25	23	Pez Bullen	Keswick AC	V50	76.44
26	22	Simon Veitch	Keswick AC	V50	77.48
27	35	Dave Appleyard	Helm Hill	V50	79.35
28	31	Nick Moore	C.F.R.	V60	83.18
29	3	Carrie Gibson	Helm Hill	LV40	85.27
30	1	Brent Lindsay	Penistone FR	V50	85.39

31	5	Andrew Moss	N.Dorset Tri	Sen	87.26
32	30	Lesley Malarkey	Keswick AC	LV70	88.16
33	4	Steve Moss	Teesdale AC	V60	88.40
34	2	Lindsay Buck	C.F.R.	LV50	94.00
35	9	Kevin Taylor	Ryston R AC	V50	96.38
36	10	Sarah Taylor	Ryston R AC	LV50	118.11